



About Us:

We are a private, nonprofit organization that serves 4,000 patients each year. As the state-designated Community Mental Health Center (CMHC) serving Belknap and Southern Grafton Counties, we serve residents of the 24 towns of: Alexandria, Alton, Ashland, Barnstead, Belmont, Bridgewater, Bristol, Campton, Center Harbor, Ellsworth, Gilford, Gilmanton, Hebron, Holderness, Laconia, Meredith, New Hampton, Plymouth, Rumney, Sanbornton, Thornton, Tilton, and Wentworth.

We work in partnership with other healthcare providers, area hospitals, law enforcement, corrections, courts, school districts, and public health officials, and other community agencies to provide a continuum of care for our patients and improve the quality of life in the Lakes Region.

LRMHC accepts most major medical insurances, Medicaid and Medicare, and offers a sliding scale for patients who meet financial guidelines. We offer help with completing application forms. Co-pays are expected at the time of service.

Mission: To provide integrated mental and physical health services for people with mental illness, while creating wellness and understanding in our communities.

Vision: We are the community leader providing quality, accessible, and integrated mental and physical health services, delivered with dedication and compassion.

Diversity: We are dedicated to providing a welcoming, inclusive atmosphere, for everyone, where all voices are heard and diversity is celebrated.



Phone Number

603-524-1100



Website

www.lrmhc.org



Our Locations

40 Beacon St. E. Laconia, NH 03246
81 Highland St. Plymouth, NH 03264

LRMHC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, religion or sex (including pregnancy, sexual orientation, and gender identity). LRMHC does not exclude people or treat them differently because of race, color, national origin, age, disability, religion, or sex (including pregnancy, sexual orientation, and gender identity). LRMHC provides free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, written information in other formats (large print, audio, accessible electronic formats, other formats), language services to people whose primary language is not English. If you need these services, contact us at the number above.



Lakes Region Mental Health Center

Promoting Healthy Minds Since 1966

Integrative Housing Programs



Housing Programs

HOUSING BRIDGE SUBSIDY

A state-funded housing subsidy program through the Department of Health & Human Services. LRMHC manages the Bridge Program for the Belknap and lower Grafton counties and provides housing services for individuals who meet the criteria of the program to obtain and maintain independent housing in the community.

811 PROGRAM

This program promotes integrated permanent supportive housing units. This "housing first" model does not require applicants to be connected with treatment at a mental health center, but clients do need to meet certain eligibility requirements to be deemed eligible; including being a low income person, aged 18-61 and diagnosed with severe mental illness.



INTEGRATIVE HOUSING VOUCHER

A state-funded housing voucher program through the Department of Health and Human Services. LRMHC manages the Integrative Program statewide and provides housing specialist services for individuals who have criminal histories that would otherwise disqualify their ability to obtain housing services through traditional housing programs.

Important Note: This is a statewide program throughout New Hampshire.

If you are not eligible for Housing Choice Voucher, this program will provide subsidy until your eligibility changes. Once you become eligible to transition to the Housing Choice Voucher program, your assigned Housing Specialist will assist.

To qualify and remain eligible, you must be enrolled and maintain services with a mental health facility.

SUPPORTIVE SERVICES:

Throughout your transition, you will be connected with a liaison who will help provide supportive services, including but not limited to:

- Finding and maintaining housing
- ADL (Activities of Daily Living) task reminders and support
- Case Management
- Medication Management & Prescriber Services
- Peer Support Services
- Independent Living Skill Groups



CONTACT US

For more information on which program you may qualify for, please call 603-524-1100 and ask to speak with our Residential Director.