

WEAR JEANS & GREEN FOR MENTAL HEALTH ACTION DAY

On **Friday, May 17th**, in honor of **Mental Health Action Day**, wear your **"jeans and greens"** to support the cause.

Please help us reach our goal of \$ _____ by supporting our campaign.

How does it work? It's simple! Wear jeans and green to work or school for a minimum donation of **\$5** or more.

All donations support Lakes Region Mental Health Center further their mission to provide integrated mental and Physical health care.

Questions? Contact team captain: _____ at _____



Show your support and help raise awareness for mental health by wearing green on our annual Wear Green Day!
"Together, we can break the stigma."

